



How to Wash Dishes

Washing by Hand

1. Gather Supplies:

- Rubber gloves
- Dish soap
- Brush, dish rag or sponge
- Clean kitchen towels
- Optional: apron, dish rack

2. Scrape food off dishes into the garbage disposal or trash can.

3. Fill the sink up with warm soapy water.

- Do not burn yourself. Use a temperature that you are comfortable with.
- The hotter the water, the better it will sanitize and cut any grease.
- Place large or dirty items in sink to soak.

4. Lay out a clean dry dish towel to place clean dishes on to dry.

5. Start with the silverware.

- Dip the item to be cleaned in the water.
- Using a brush, dish rag or sponge, clean vigorously.
- Rinse item.
- Check to make sure it is clean.
- Place clean silverware on dry dish towel or dish rack to dry.
- Rinse brush, dish rag or sponge under running water.

6. Clean cups and glasses using the same steps outlined above.

7. If necessary, empty original soapy water and refill with clean soapy water.

8. Finally, wash pots and pans using the same steps.

9. Allow dishes to dry or use a clean dry towel to dry.

10. Rewashing may be necessary if grease or grime is still present.

11. Put items away.

Using a Dishwasher

1. Note: Each dishwasher is different. Take some time to familiarize yourself with how to properly load and operate the dishwasher.

- Many dishwashers have more space on the bottom rack for larger items. The top shelf may accommodate shorter items such as glasses, mugs and long utensils.

2. Scrape food off dishes into the garbage disposal or trash can.

3. Load dishwasher with dirty dishes. Do not overfill. Too many dishes will prevent the water stream from reaching all of the dishes.

4. Add detergent. Read the instructions on the packaging for the recommended amount.

5. Choose appropriate cycle. Turn dishwasher on.

6. Once finished and the dishes are dry, empty the dishwasher and put items away.